

5 Styles of Conflict Resolution

To help you choose individuals best suited to represent the association, let's examine the five ways people handle conflict, from the least to the most effective:



Competing

This person puts his or her interests before anyone else's interests. The goal is to win.



Avoiding

This person will choose not to get involved in a conflict. The goal is to delay.



Compromising

This person finds it important to satisfy some of their interests, but not all of them. The goal is to find a middle ground.



Accommodating

This person puts their interests last and let others have what they want. The goal is to yield.



Cooperative

This person will try to find a solution that will help everyone meet their interests and help everyone maintain a good relationship. The goal is a win-win solution.